

## Timetable – Groups - Diversitat Aged Support Geelong

**9-15 Clarence Street, West Geelong Phone: 5222 7275**

**Geelong Active Diverse Seniors – GADS Group – Multicultural group, both men and women.**

**\*Clients must be assessed as high needs to attend this group which has a higher staff/client ratio.**

<b>Day</b>	<b>Time</b>	<b>Transport</b>	<b>Meal</b>	<b>Snacks</b>	<b>Includes</b>
Monday GADS	9.30- 2.30	Bus/Car/ taxi	2 course Hot	Healthy Snacks & Tea/coffee	Bus outings/Shopping Craft/Art/Books/Bocce Games/Exercise/Cultural Celebrations/Films
Tuesday GADS	9.30- 2.30	Bus/Car/ taxi	2 course Hot	Healthy Snacks & Tea/coffee	Bus outings/Shopping Craft/Art/Books/Bocce Games/Exercise/Cultural Celebrations/Films
Wednesday GADS	9.30- 2.30	Bus,Car/ taxi	2 course Hot	Healthy Snacks & Tea/coffee	Bus outings/Shopping Craft/Art/Books/Bocce Games/Exercise/Cultural Celebrations/Films
Thursday GADS	9.30- 2.30	Bus/Car/ Taxi	2 course Hot	Healthy Snacks & Tea/coffee	Bus outings/Shopping Craft/Art/Books/Bocce Games/Exercise/Cultural Celebrations/Films
Friday GADS	9.30- 2.30	Bus/Car/ Taxi	2 course Hot	Healthy Snacks & Tea/coffee	Bus outings/Shopping Craft/Art/Books/Bocce Games/Exercise/Cultural Celebrations/Films

### **Ukrainian/Eastern European Group – Diversitat Aged Support Geelong West**

<b>Day</b>	<b>Time</b>	<b>Transport</b>	<b>Meal</b>	<b>Snacks</b>	<b>Includes</b>
Wednesday Men & Women	9.30- 2.30	Bus,Car/ taxi	2 course Hot	Healthy Snacks & Tea/coffee	Bus outings/Shopping Craft/Art/Books/Bocce Games/Exercise/Cultural celebrations/Films

### **International Women's Group – Norlane – Northern Community Hub**

<b>Day</b>	<b>Time</b>	<b>Transport</b>	<b>Meal</b>	<b>Snacks</b>	<b>Includes</b>
Monday	1.00- 3.00pm	Own	No Some lunch outings	Healthy Snacks & Tea/coffee	Bus trips Other trips Speakers, music, craft, entertainment

### **International Women's Group – West Geelong – Diversitat Aged Support**

<b>Day</b>	<b>Time</b>	<b>Transport</b>	<b>Meal</b>	<b>Snacks</b>	<b>Includes</b>
Monday	1.00- 3.00pm	Own	No Some lunch outings	Healthy Snacks & Tea/coffee	Bus trips Other trips Speakers, music, craft, entertainment

**Pi Pi's Group – Karen and Karenni Women's Group – Northern Community Hub**

Day	Time	Transport	Meal	Snacks	Includes
Wednesday	1.00-3.00pm	Bus	No Some lunch outings	Healthy Snacks & Tea/coffee	Bus trips Other trips Speakers, music, craft, entertainment

**Macedonian Men's Group – Diversitat Community Centre**

Day	Time	Transport	Meal	Snacks	Includes
Monday	9.00 – 12.00	Own	No	Healthy Snacks & Tea/coffee	Bus trips Other trips Cards, billiards, bocce
Tuesday	9.00 – 12.00	Own	No	Healthy Snacks & Tea/coffee	Bus trips Other trips Cards, billiards, bocce
Thursday	9.00 – 12.00	Own	No	Healthy Snacks & Tea/coffee	Bus trips Other trips Cards, billiards, bocce
Friday	9.00 – 12.00	Own	No	Healthy Snacks & Tea/coffee	Bus trips Other trip Cards, billiards, bocce

**Italian\* Men's Group – Diversitat Community Centre**

Day	Time	Transport	Meal	Snacks	Includes
Monday	12.00 – 5.00	Own	No	Healthy Snacks & Tea/coffee	Bus trips Other trips Cards, billiards, bocce
Tuesday	12.00 – 5.00	Own	No	Healthy Snacks & Tea/coffee	Bus trips Other trips Cards, billiards, bocce
Thursday	12.00 – 5.00	Own	No	Healthy Snacks & Tea/coffee	Bus trips Other trips Cards, billiards, bocce
Friday	12.00 – 5.00	Own	No	Healthy Snacks & Tea/coffee	Bus trips Other trips Cards, billiards, bocce

**\*Italian Men's Group – Has men from other backgrounds, including Croatian and Slovenian.**

**Italian Ladies Group – Diversitat Community Centre**

Day	Time	Transport	Meal	Snacks	Includes
Friday	2.00 – 5.00	Own	No	Healthy Snacks & Tea/coffee	Bus trips Bingo

**Multicultural Meals Group**

<b>Day</b>	<b>Time</b>	<b>Transport</b>	<b>Meal</b>	<b>Snacks</b>	<b>Includes</b>
Second Friday of every month <b>(except January or Public Hols)</b>	12.00 – 2.00	Own	2 course Freshly cooked \$7		Christmas Celebration. Music – etc.

**Men on a Mission – older CALD men – socialization group**

<b>Day</b>	<b>Time</b>	<b>Transport</b>	<b>Meal</b>	<b>Snacks</b>	<b>Includes</b>
<b>Mondays</b>	10.00-1.00pm	Bus outings		Healthy Snacks & Tea/coffee	Visits to places of interest/health information.

**Costs range from 50c per session to \$10 per session depending on length/meal/inclusions.**

**Assessments by Diversitat staff are required prior to commencement in activity groups, and professional interpreters are used as per Diversitat aged care policy and Department of Human Services HaCC Program requirements.**

**Contact Diversitat Aged Support : Phone: 5222 7275 Fax: 5222 5814**