

Timetable – Social Support Groups Diversitat Aged Support Geelong

9-15 Clarence Street, West Geelong Phone: 5222 7275

Geelong Active Diverse Seniors – GADS Group – Multicultural group, both men and women.

*Clients must be assessed as high needs to attend this group which has a higher staff/client ratio.

Address: 9-15 Clarence Street, Geelong West VIC 3220

| Day | Time | Transport | Meal | Snacks | Includes |
|--|---------------------|--|----------|-----------------------------------|--|
| Monday, Tuesday, Wednesday, Thursday, Friday GADS | 10.00am – 2.30pm | Bus/Car/ Taxi to and from Centre | 2 course | Healthy Snacks & Tea/coffee | Bus outings, shopping craft, art, books, bocce, games, exercise, cultural celebrations, films, musical entertainment |

Ukrainian/Eastern European Group – Diversitat Aged Support Geelong West

Address: 9-15 Clarence Street, Geelong West VIC 3220

| Day | Time | Transport | Meal | Snacks | Includes |
|-----------|---------------------|--|----------|-----------------------------------|---|
| Wednesday | 10.00am – 2.30pm | Bus/Car/ Taxi to and from Centre | 2 course | Healthy Snacks & Tea/coffee | Bus outings, shopping, Craft, art, books, bocce, games, exercise, cultural celebrations, films |

International Women’s Group – Norlane – Northern Community Hub

Address: 25-41 Arunga Ave, Norlane VIC 3214

| Day | Time | Transport | Meal | Snacks | Includes |
|--------|--------------------|-----------|-----------------|-----------------------------------|---|
| Monday | 1.00pm – 3.00pm | Own | Not Included | Healthy Snacks & Tea/coffee | Bus trips, guest speakers, music, craft, performers, lunch outings, singing |

International Women’s Group – West Geelong – Diversitat Aged Support

Address: 9-15 Clarence Street, Geelong West VIC 3220

| Day | Time | Transport | Meal | Snacks | Includes |
|-----------|--------------------|-----------|-----------------|-----------------------------------|---|
| Wednesday | 1.00am – 3.00pm | Own | Not Included | Healthy Snacks & Tea/coffee | Bus trips, guest speakers, music, craft, performers, lunch outings, singing |

Kuloo Arts Group – Karen and Karenni Group – Spanish Community Club

Address: 25-41 Arunga Ave, Norlane VIC 3214

| Day | Time | Transport | Meal | Snacks | Includes |
|-----------|---------------------|----------------------------------|----------|-----------------------------------|--|
| Wednesday | 10.00am – 3.00pm | Bus/Car to and from Centre | 2 Course | Healthy Snacks & Tea/coffee | Bus trips, traditional craft based activities, bus outings |

Macedonian Men's Group – Diversitat Community Centre

Address: 9-15 Clarence Street, Geelong West VIC 3220

| Day | Time | Transport | Meal | Snacks | Includes |
|-----------------------------------|------------------|-----------|--------------|-----------------------------|--|
| Monday – Friday, Except Wednesday | 9.00am – 12.30pm | Own | Not included | Healthy Snacks & Tea/coffee | Cards, billiards, bocce, planned day trips |

Macedonian Women's Group – Macedonian Hall

Address: 465 Ballarat Road, Batesford VIC 3213

| Day | Time | Transport | Meal | Snacks | Includes |
|--------|-------------------|-----------|--------------|-----------------------------|---|
| Monday | 10.30am – 12.00pm | Own | Not included | Healthy Snacks & Tea/coffee | Bus trips, speakers, craft, musical entertainment, indoor activities, games |

Italian* Men's Group – Diversitat Community Centre

Address: 9-15 Clarence Street, Geelong West VIC 3220

| Day | Time | Transport | Meal | Snacks | Includes |
|-----------------------------------|-----------------|-----------|--------------|-----------------------------|--|
| Monday – Friday, Except Wednesday | 1.00am – 4.30pm | Own | Not included | Healthy Snacks & Tea/coffee | Cards, billiards, bocce, planned day trips |

*Italian Men's Group – Has men from other backgrounds, including Croatian and Slovenian.

Italian Women's Group – Diversitat Community Centre

Address: 9-15 Clarence Street, Geelong West VIC 3220

| Day | Time | Transport | Meal | Snacks | Includes |
|--------|-----------------|-----------|--------------|-----------------------------|-----------------------------|
| Friday | 1.00am – 4.30pm | Own | Not included | Healthy Snacks & Tea/coffee | Bingo, information sessions |

Retired on a Mission (ROAM) – socialization group

| Day | Time | Transport | Meal | Snacks | Includes |
|---------|-----------------|----------------------------------|-------------------------|--------|----------------------------------|
| Fridays | 9.00am - 3.00pm | Small bus pick + roam the region | At client choice & cost | | Adventures to places of interest |

Multicultural Friday Meals Group

Address: 9-15 Clarence Street, Geelong West VIC 3220

| Day | Time | Transport | Meal | Snacks | Includes |
|--|------------------|-----------|---------------------------------|--------|---|
| Second Friday of every month (except January or Public Hols) | 12.00pm – 2.00pm | Own | 2 course Freshly cooked \$10.00 | | Delicious traditional food from a culture that may not be your own. |

Special Events:

We host an array of special events through the year.

Café Style Support program – information presented based on personal needs of group participants and community awareness.

Experts from Aged Care sector present information on a variety of topics. Based at cafes and restaurants in Geelong region.

“A Year To Remember”, evening Dinner dance annually.

The Great Diversitat organic tomato growing competition with prizes and the chance to say, “I grow the tastiest tomatoes in Geelong”.

Youth Departments Mud Challenge. Life Story books and launch.

Friday Meals program with cultural foods from around the world presented to you from our wonderful community groups.

Information sessions by experts in Aged Sector.

Interested in forming a new group? Speak with us.

Costs range from \$1.00 per session to \$12.00 per session depending on length/meal/inclusions/transport.

Assessments by Diversitat staff are required prior to commencement in activity groups, and professional interpreters are used as per Diversitat Aged Support policy, Commonwealth Department of Health (DoH) Commonwealth Home Support Program (CHSP) and Victorian Department of Health & Human Services (DHHS) Home and Community Care Program for Younger People (HACC PYP) requirements.

Contact Diversitat Aged Support: Phone: 5222 7275 | Fax: 5222 5814
Email: aged.support@diversitat.org.au